



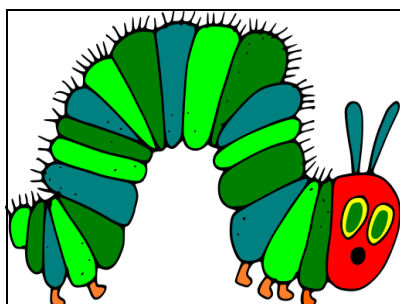
Mom's Day Out Times

Mom's Day Out is a ministry of First Free Church dedicated to providing support for mothers of young children through quality, Christ-centered child care.

January
2012
2 pages

First Evangelical Free Church * 2223 N. Mulford * Rockford * 815.877.7046 *

MDO CATERPILLAR STAFF WISHES YOU A HEALTHY & HAPPY 2012!



Happy New Year!

We hope that you had a wonderful Christmas season with your family. Our Christmas program was so much fun. Our little "angels" were the stars of the show. We enjoyed celebrating this season with our families but are very excited to be back at Mom's Day Out!

Last month, we welcomed Rachel. She is a sweet little girl and has adjusted to our room with ease. She is crawling and beginning to pull herself up on many things.

We look forward to the next few months as we watch her begin to walk. This month, we will be welcoming more new additions to the Caterpillar Room: Dillon., Bella & Leandro We hope they adjust as well as Rachel did!

In January, a few of our older ones will be spending some time in the Butterfly room. They enjoy playing with the big kids and many wonderful new toys to explore. We will inform you when your child has spent some time with the Butterflies.

Finally, in the interest of keeping everyone healthy this winter, we are asking that you keep your little one home if they are not feeling well. This includes, vomiting within the last 24 hours, a cloudy runny nose, or diarrhea. With your help, we strive to keep our Caterpillar room healthy and germ free!

Teachers,

Cindy, Sarah and Kory



**SPECIAL WELCOME TO:
DILLON, BELLA & LEANDRO**



Happy 1st Birthday!
CARSON—Jan. 7th
SAMANTHA—Jan. 14th
ETHAN—Jan. 16th

So, was your Christmas as peaceful and joyful as you had hoped? Or are you now looking at a lot of empty boxes, toy assembly instructions, and random stickers to some unknown gifts? Do you remember how just a few months ago we were focusing on how we were thankful for everything! Are you and your family truly content as the year of 2012 begins?

Don't you think it's odd that in December we are running around telling everyone to be merry, giving gifts, having parties, but then just one month later we are writing a list of all the things we'd like to change about ourselves, how this year will be better, and you won't make the

same mistakes again. Did the way you behaved in December need to be changed?

Well, changes need to come for all of us. We look forward to changes, especially with our children: walking, sleeping through the night, potty-training!!! For me, 2011 brought different changes: my oldest daughter got married, my youngest daughter got engaged & my son headed off to college! Other changes might not be so welcomed: job changes, clothing sizes, moving, (not to mention returning gifts). But some changes are out of our control: deaths, illnesses, families separating.

As I'm sure you have heard more than once: God is never changing-He is **CON-STANT!**

"I the Lord do not change" Malachi 3:6

So what about you, are you willing to change? But this time make it a permanent change-a change that will affect your entire life as well as those closest to you. Make Jesus the center of life. The other changes won't seem so overwhelming!

Have a Truly Life-Changing Year!

Patti Clauson
Director, Mom's Day Out

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The mission of First Evangelical Free Church is to bring people into a life-changing and growing relationship with Jesus Christ as Savior and Lord.



Happenings This Month



Friday, Jan 13th ~ Pajama Day

All children are invited to wear their pajamas for a fun day of lounging and learning in our jammies!



Tumbili Playground ~ Please wear socks!

Mondays... 9th & 23rd
Friday..... 20th

Children in all of our MDO classes except Butterfly & Caterpillar will visit Tumbili on these days.



Friday, Jan 23rd ~ Winter Wonders

All children in the Chimps, Fish, Lions, Giraffes & Mice will have special winter festivities with Teacher Keri in the gym.

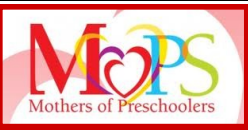


MLK Jr's Birthday
Mon, Jan 16th
No Mom's Day Out



Mom's Day Out welcomes the following children and their families to our program:

- Dillon & Leandro** in the Caterpillar Class
- Garrett & Ali** in the Chimps Class
- Sophia & Noah** in the Fish Class



Tuesday, January 10th

Heather Dellamater will be speaking about contentment

Tuesday, January 24th

Judi Hayes will be talking about healthy, low-budget meal planning.
Contact Laura Nothnagel 815-708-7575, mrsreading@yahoo.com for more info



THANK YOU, THANK YOU, THANK YOU!

to all the families who generously brought Christmas cookies for our Christmas program. We were very thankful to all of you who came and so warmly showed your support to our program. Your children did such a great job! What a great way to end 2011!

Check out the new pictures on the MDO bulletin board behind the MDO counter!

Welcome Back Keri!



We are so happy to have Keri Early back at Moms Day Out. She has been out on maternity leave after having Baby Samuel in October. Make sure to tell her "Hi" and ask to see pictures of this handsome boy:)

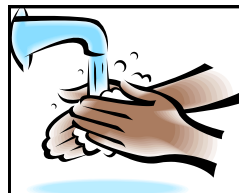
During these winter months, the flu and colds are so easily spread. MDO wants to keep our program as germ-free as possible. Please review the basics of the MDO Health-Wellness Policy.

Mom's Day Out Health-Wellness Policy

Any child on antibiotics should have been on the prescription for **at least 24 hours** before coming to MDO.

Please keep your child home if any of the following symptoms are present. Parents will also be called if any of these symptoms occur at MDO:

- | | |
|-------------------------------------|-------------------------------|
| <i>Fever within the last 24 hrs</i> | <i>Diarrhea</i> |
| <i>Impetigo</i> | <i>Active chicken pox</i> |
| <i>Coughing</i> | <i>Vomiting</i> |
| <i>Mumps & Measles</i> | <i>Questionable rashes</i> |
| <i>Conjunctivitis (pink eye)</i> | <i>Runny nose (not clear)</i> |



Please don't forget to continue to wash your child's hands before entering the classroom for the day. This is an excellent way to help prevent the spread of germs. Thank you!



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